



Holistic Vet Norfolk - Calming Blend

I have been using Calming Blend in my consulting room for several years, it serves to calm both the pet and the humans in the room. This blend is SUPER CONCENTRATED and one drop applied to a tissue is plenty.

A bottle contains about 200 drops. Allow your pet free choice about how close they wish to be to the tissue - do not apply to collars or bandanas, and never directly to your pet. Some pets will pee on the area if applied to their bed.

Studies have suggested that Clary Sage essential oil has stress-relieving properties, which may help calm anxious animals and promote a sense of peace and tranquillity.

There is some evidence to advise avoiding Clary sage during pregnancy.

Basil's invigorating aroma can enhance your pet's mental clarity and focus.

Research has explored Basil essential oil's potential to stimulate cognitive function.

Basil can be helpful in new or stressful situations, to facilitate learning positive associations.

Valerian, known as "nature's Valium," can become your pet's companion in moments of anxiety or restlessness. Studies have

demonstrated Valerian essential oil's calming effects when appropriately diluted and used in moderation, creating a more serene environment for pets.

Vetiver's rich, woody scent brings grounding and stability. Research has shown that Vetiver essential oil may help alleviate anxiety and reduce nervousness in animals.

Lavender is universally adored for its ability to induce relaxation, reduce stress, and improve sleep quality. Scientific studies have explored Lavender essential oil's benefits for creating a soothing atmosphere, benefiting pets as well as their humans.

These essential oils - Clary Sage, Basil, Valerian, Vetiver, and Lavender - each possess unique attributes that can enhance your pet's well-being. When used thoughtfully and in moderation, they can provide your furry friends with a more relaxed, focused, and serene life.

Always consult with a holistic veterinarian before introducing essential oils into your pet's routine, ensuring their safety and well-being.



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Holistic Vet Norfolk.

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